

Health Sciences 4051G (001)
Mental Health and Well-Being
Mon 14:30-17:30, HSB 9
Winter Term 2012-2013

Revised Outline (January 6, 2013)
Change in Commentary Length and Format Requirement)

Instructor: Dr. Louis C. Charland
Affiliation: Departments of Philosophy and Psychiatry & School of Health Studies
Email: charland@uwo.ca
Phone: 661-2111 ext. 86445 (Please use email for all communication)

TO CONSIDER

Some students may find the topics in this course emotionally distressing and challenging. If you have any personal concerns of this nature, please see your academic counselor.

This is a

Class participation is required in this seminar course and regular attendance is mandatory. (See relevant provisions in the *Academic Calendar*.) Attendance will be taken.

COURSE TEXTS

James, William. (1902/2003). *The Varieties of Religious Experience*. London: (London & New York: Penguin Books).

Camus, Albert. (1942/1991). *The Myth of Sisyphus*. (London & New York: Penguin Books).

Horwitz, Allan V. & Wakefield, Jerome C. (2007). *The Loss of Sadness: How Psychiatry Transformed Normal Sorrow into Depressive Disorder*. (Oxford University Press).

Watters, Ethan. *Crazy Like Us: The Globalization of the American Psyche*. (New York: Free Press).

COURSE REQUIREMENTS

5 Weekly Commentaries | **Word** **1000** **11357** **30442** **101** **100048735J42** **TmBT(e)**

Begin commentary text 1 line below your name and student number;
William James on Emotion
HS 4051G February 12, 2013
Barak Obama #11111111
(Single Line Space)

Contain 3-5 in-text citations to weekly readings
Format citations with double-quotes at start and finish of citation like this James
1902, 23-4). This is ca -
Use a spell checker to check your commentary before submission.
Use 15th or 16th edition Chicago Manual of Style Author-Date style for in text
citations and bibliography. (Just Google or search UWO library site for this.)

Commentaries that do not satisfy these formatting requirements will be penalized 1 full
mark per error on submission to a maximum of 3 marks.

Spelling errors, grammatical errors, and multiple typos, will be penalized 1 mark
each to a maximum of 3 marks. Lesser penalties may be applied as warning.

-Please proof-

day must be provided by your academic counselor. Otherwise, late commentaries will not

FINAL EXAM

The final exam will be two hours long and consist of 3 essay-style questions worth 10 marks each and several short-answer questions worth a total of 5 marks. There will usually be a choice of 3 out of 5 possible essay questions. Short answer questions may include explanations or definitions of key concepts.

To prepare for the final exam you must attend all classes and review all assigned readings and class discussion notes up to the final exam date, using the main lecture raised in class as your guide. No other instructions will be provided.

CLASS EMAIL POLICY

Emails that do not mention (i) the course subject designation number and (ii), the
, will be deleted.

answered.

Only emails that deal with administrative matters will be read.

Questions regarding course content must be raised in class or during office hours.

It may take up to 3 days to answer your email.

FILMS